

## PLAY SAFE

- Walk & Play in groups
- Always let your parents know where you are
- In an uncomfortable situation, trust your feelings, say "NO!" and tell someone
- If approached by a stranger, stay two arm-lengths away; don't be afraid to yell and make a fuss
- When your life is in danger – do whatever it takes to get away
- Use the appropriate safety gear for the appropriate sport
- When biking, follow the rules of the road
- When walking – walk facing traffic
- If out after dark – wear light coloured clothing and watch for vehicles

## OTHER SAFETY TIPS

Only call 911 in an emergency. No one should turn in a false alarm to bring the fire department, police or ambulance. While they are responding to this false alarm, there may be people who really need these services. These people could die because there was no one to assist them.

Every home should have a flashlight to use in an emergency.

Children should not play on or around farm machines and should not be allowed to ride on them or drive them.

DO NOT go on or near railway tracks.

DO NOT play with baby buggies or strollers, even if there is no child in it.

If you have a key to your house be careful not to let anyone else borrow or use it. Do not tell anyone where you carry your key. DO NOT go into your home unless you are sure it is safe to do so.

Be a good buddy and help to keep your friends safe too!



**Ontario Block  
Parent Program Inc.**

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**BLOCK PARENTS  
ARE THERE FOR YOU!**

**Ontario  
Block Parent  
Program Inc.**

TEL. 1-800-563-2771



## TEST YOUR KNOWLEDGE

See how much you know. Test your safety knowledge and answer true or false to the following questions about:

The Block Parent Program

- The Block Parent Sign in the window means help is available
- You may need a Block Parent if you are bothered by bullies, lost or hurt or followed by someone
- You know a Block Parent home is safe because all adults there have been checked by the Police
- There are Block Parents in most communities across Canada; remember to look for the sign when travelling



*Block Parents are there to help you  
– all the statements are true!*

## BE A SAFETY HERO

- Home Alone – check the house before you enter and know your emergency phone numbers – never open the door to anyone you don't know – never give out information over the phone – never tell anyone you are alone – do not have friends over unless your parents approve
- Sports Safety – be like the pros; wear your safety gear – know and follow the rules of your sport – wear the right gear – anything with wheels is governed by the Motor Vehicle Act – follow the rules of the road – be like the professionals and be courteous to others
- Safety Together – walk with a friend; play in a group – If approached by a stranger, stay two arm lengths away; don't be afraid to yell and make a fuss if necessary
- Travel Light – avoid walking around with expensive items and clothing
- Always let your parents know where you are

## BULLIES

- Use caution when wearing popular clothing or carrying expensive items
- Stay in groups
- Learn how to say NO to bullies
- Don't ignore bullies. Talk to your parents, teacher or school counselor. If the situation is serious enough, the police may need to be called

## ELECTRICAL SAFETY

- Always fly kites away from power lines
- Never climb trees near power lines
- Stay away from electrical equipment and never go near downed power lines. If you need help, ask an adult to contact the power company
- Stay away from the work area and the truck where linemen are working
- Be extra careful during an electrical/lightening storm



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